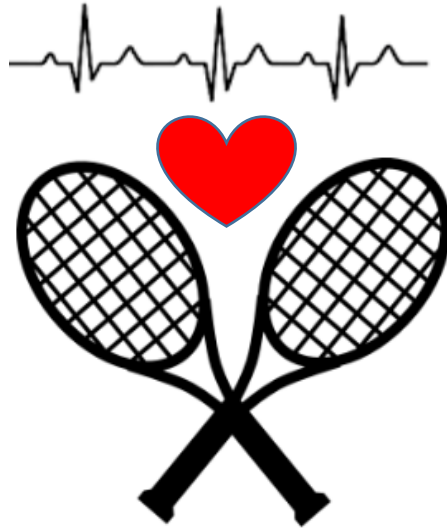


# Cardio Tennis



## **Banbury Tennis Club** **May and June 2023**

**Benefits of Cardio Tennis: Improves cardio, endurance, agility, balance, and coordination.**

Date Options: May 9, 16, 23, 30 Tuesdays ☐ May 5, 12, 19, 26 Fridays ☐

June 6, 13, 20, 27 Tuesdays ☐ June 9, 16, 23, 30 Fridays ☐

Time: 11:00am – 1:00pm

Cost: \$160.00 per member (If paying by cheque please payable to: Lionel Eli)

Students: 6 per class

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Please complete this form and drop it off in the mailbox outside the tennis office.

There will be no makeup classes if you cancel. Rained outs will be re-scheduled.